European Student-Athletes’ Experience and Perception on Migration in Dual Career: The AMiD Project

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Dual Career: potential and challenge

professional sport training

organisation

study in higher education institution

source: kada.co.at
Europe: potential and challenge

Migration within the EU:
• Easy
• Beneficial (for education and sports)

Dual Career structures:
• Restricted to national borders
• Differ between countries

(Almost) no services supporting Dual Career across borders
AMiD project team

Coordinator:
AUT: University of Salzburg + KADA + Olympic Training Centre Rif

Partners:
FIN: Lapland University + NOC
DEU: Hochschulsport Hamburg + adh
SVN: University of Ljubljana + EUSA
ITA: University of Cassino + ROC
EAS
AMiD goals

1. Raise awareness + knowledge of Dual Career and migrating athletes
2. Build network
3. Develop + implement + assess applicable support structures
4. Practical tools for stakeholders (student-athletes, universities, sports institutions)
**AMiD activities + schedule**

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**WP1**: exploration, challenges, needs  
**WP2**: criteria for target group  
**WP3**: opportunities for support structures  
**WP4**: implementation and assessment  
**WP5**: toolkit for stakeholders
**AMiD questionnaire**

- $n = 192$ student-athletes
- FIN, DEU, SVN, AUT, ITA
- 10-50 items
- Likert-scale (1-5), dichotomous (Y/N), closed response, open response
- Validation at national levels
- Back translation method

**EUSA questionnaire**

- $n = 55$ student-athletes
- EUSA Games 2018
- 22 items
- Likert-scale (1-5), dichotomous (Y/N), closed response, open response
**Sample**

**Age:**
23.47 ± 4.18 years

**Sports commitment:**
17.00 ± 8.30 hours/week

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**Gender**
- **Females:** 62%
- **Males:** 38%

**Studies**
- **Bachelor:** 68%
- **Master PhD:** 26%
- **PhD:** 6%

**Relocation**
- **Yes:** 52%
- **Plan Like:** 16%
- **No:** 26%

n = 109
AMiD questionnaire

- Ball: 35%
- Mixed: 12%
- Team: 33%
- Individual: 55%
- Water: 18%
- Summer: 11%
- Winter: 12%
- Environmental: 23%
- Non-environmental: 77%
- Athletics: 19%
- Skiing: 8%
- Combat: 8%
- Shooting: 6%
- Outdoors: 2%
- Aesthetics: 1%
- Other: 3%
Financial support?

- Yes: 49%
- No: 49%
- No response: 2%

54 = 100% of all who received money

Participants receiving support:

- Academics: 17
- Sports: 35
- DC services: 8
- Other: 33

Participants receiving support from:

- Parents: 18
Counselling support?

Participants receiving support:

- Academics: 31
- Sports: 11
- DC services: 21
- Other: 5

42 = 100% of all who received money
Type of migration + difficulties

AMiD questionnaire

- How often?
  - >1/year: 57
  - ≤1/year: 20
- How long?
  - <1 year: 15
  - <6 months: 8
  - <12 months: 6
  - n/a: 6
- What for?
  - Academic: 38
  - Sport: 30
  - Both: 24

Academic performance: 3.4 (1-5)

Sport performance: 2.2 (1-5)
Where are the difficulties?

- Attendance: 69%
- Exam schedule: 44%
- Training schedule: 37%
- Coaches: 26%
- Social support: 26%
- Training facilities: 19%
- Teammates: 16%
- Language: 8%
- Other: 2%

\( n(60) = 100\% \) of all who reported difficulties