European Student-Athletes’ Experience and Perception on Migration in Dual Career: The AMiD Project

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Dual Career: potential and challenge

source: kada.co.at
Europe: potential and challenge

Migration within the EU:
• Easy
• Beneficial (for education and sports)

Dual Career structures:
• Restricted to national borders
• Differ between countries

(Almost) no services supporting Dual Career across borders
AMiD project team

Coordinator:
AUT: University of Salzburg + KADA + Olympic Training Centre Rif

Partners:
FIN: Lapland University + NOC
DEU: Hochschulsport Hamburg + adh
SVN: University of Ljubljana + EUSA
ITA: University of Cassino + ROC
EAS
AMiD goals

1. Raise awareness + knowledge of Dual Career and migrating athletes
2. Build network
3. Develop + implement + assess applicable support structures
4. Practical tools for stakeholders (student-athletes, universities, sports institutions)
### AMiD activities + schedule

<table>
<thead>
<tr>
<th>Year</th>
<th>WP 1</th>
<th>WP 2</th>
<th>WP 3</th>
<th>WP 4</th>
<th>WP 5</th>
<th>Meeting</th>
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</thead>
<tbody>
<tr>
<td>2018</td>
<td>2019</td>
<td>2020</td>
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**WP1:** exploration, challenges, needs  
**WP2:** criteria for target group  
**WP3:** opportunities for support structures  
**WP4:** implementation and assessment  
**WP5:** toolkit for stakeholders
<table>
<thead>
<tr>
<th>AMiD questionnaire</th>
<th>EUSA questionnaire</th>
</tr>
</thead>
<tbody>
<tr>
<td>• ( n = 192 ) student-athletes</td>
<td>• ( n = 55 ) student-athletes</td>
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<tr>
<td>• FIN, DEU, SVN, AUT, ITA</td>
<td>• EUSA Games 2018</td>
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<td>• 10-50 items</td>
<td>• 22 items</td>
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<td>• Likert-scale (1-5), dichotomous (Y/N), closed response, open response</td>
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<td>• Validation at national levels</td>
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<td>• Back translation method</td>
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Sample

Age: 23.47 ± 4.18 years

Sports commitment: 17.00 ± 8.30 hours/week
AMiD questionnaire

- Ball: 35%
- Water: 18%
- Athletics: 19%
- Skiing: 8%
- Combat: 8%
- Shooting: 6%
- Outdoors: 2%
- Aesthetics: 1%
- Other: 3%

Mixed: 12%
Team: 33%
Individual: 55%

Winter: 23% Environmental
Summer: 11% Non-environmental

Skiing: 8%
Athletics: 19%
Water: 18%
Financial support?

AMiD questionnaire

- Yes: 49%
- No: 49%
- No response: 2%

Participants receiving support:

- Academics: 17
- Sports: 35
- DC services: 8
- Other: 33

54 = 100% of all who received money

...from...

Parents: 18
Counselling support?

AMiD questionnaire

...from...

42 = 100% of all who received money

Participants receiving support

Academics: 31
Sports: 11
DC services: 21
Other: 5
Type of migration + difficulties

AMiD questionnaire

- How often?
  - ≤1/year: 16
  - >1/year: 26
- How long?
  - <1: 71
  - 1-<6: 26
  - 6-<12: 10
  - 12-≥12 months: 4
  - n/a: 7
- What for?
  - Academic: 1x
  - Sport: 1x
  - Both: 63

Academic performance: 3.4 (1-5)
Sport performance: 2.2 (1-5)
Where are the difficulties?

$n(60) = 100\%$ of all who reported difficulties