Migration: Potential and challenge

Migration within the EU:
• Easy
• Beneficial (for education and sports)

Dual Career structures:
• Differ between countries
• Restricted to national borders

(Almost) no services supporting Dual Career across borders

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Migration: Potential and challenge

Coordinator:
AUT: University of Salzburg + KADA + Olympic Training Centre Rif

Partners:
FIN: Lapland University + NOC
DEU: Hochschulsport Hamburg + adh
SVN: University of Ljubljana + EUSA
ITA: University of Cassino + ROC
EAS

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AMiD goals

1. Raise awareness + knowledge of Dual Career and migrating athletes
2. Build network
3. Develop + implement + assess applicable support structures
4. Practical tools for stakeholders (student-athletes, universities, sports institutions)
Two main activities

Current state analysis (2018-2019)

- General literature review
- Country-specific situations (problems, practices, needs)
- AMiD questionnaire

Migration phase (2019-2020)

- Recruitment of migrating student-athletes
- Supporting their Dual Career migration
- AMiD interview (evaluation of the support and experience)
Methods

Characteristics of sports and academic careers (state and practices)

Challenges

Support services and their effectiveness (finances, tutoring, organisation, material…)

Recommendations

- $n = 245$ student-athletes
- FIN, DEU, SVN, AUT, ITA
- 10-50 items
- Likert-scale (1-5), dichotomous (Y/N), closed response, open response
- Validation at national levels
- Back-translation method (Su & Parham, 2002)
- Statistics: Kruskal-Wallis

(Fuchs et al., 2016)
Results: Characteristics

Full sample (245 student-athletes)

- Gender:
  - Males: 42%
  - Females: 58%

- Migration:
  - Yes: 53%
  - No: 47%

- Plan Like No:
  - 28%
  - 14%
  - 6%

- Age: 23.4 ± 4.0 years
- Sports committment: 17.4 ± 8.7 hours/week

n = 140
Results: Characteristics

1) AMiD questionnaire

- **Gender:**
  - Males: 42%
  - Females: 58%

- **Migration:**
  - Yes: 53%
  - No: 47%
  - Plan: 6%
  - No Plan: 94%

- **Reason for Migration:**
  - Academic: 32%
  - Sport: 25%
  - Both: 43%

- **Frequency:**
  - 1x: 63%
  - <1/year: 23%
  - >1/year: 14%

- **Duration:**
  - <1: 7%
  - <3: 9%
  - <6: 19%
  - ≥12 months: 56%

Full sample (245 student-athletes)
Results: Money, money, money

The only effect of gender: Higher ratio receiving financial support in males (65%) compared with females (46%) (p<.05, Chi²=4.63). No difference in helpfulness (4.1±1.0 pt).

Financial support received

- Yes: 53%
- No: 45%
- No response: 2%

74 = 100% of all who received money

The only support: 3
More helpful*: 13
Comparable*: 10
Less helpful*: 1
No response: 6

* in comparison with other financial support
Results: Differences between...

1) AMiD questionnaire

- % of persons within a sub-group (e.g. bachelor students) who received support

<table>
<thead>
<tr>
<th>Organisation (universities)</th>
<th>Online support (universities)</th>
<th>Online support (sports)</th>
<th>Tutoring</th>
<th>Tutoring</th>
<th>Financial support</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bachelor</td>
<td>51%</td>
<td>30%</td>
<td>52%</td>
<td>66%</td>
<td>60%</td>
</tr>
<tr>
<td>Master</td>
<td>55%</td>
<td>36%</td>
<td>33%</td>
<td>39%</td>
<td></td>
</tr>
<tr>
<td>PhD</td>
<td>0%</td>
<td>24%</td>
<td>0%</td>
<td>38%</td>
<td></td>
</tr>
</tbody>
</table>

- p<.01, Chisquare=8.96
- p<.01, Chisquare=10.10
- p<.05, Chisquare=4.14
- p<.05, Chisquare=6.07
- p<.01, Chisquare=6.88
- p<.05, Chisquare=5.30
2) Methods

5 participants per country = 25 in total
- 18-30 years
- Enroled in European universities
- At least 10h training per week
- Migration within EU borders

Recruitment via:
- Academic network
- Associated partners
- Federations, clubs
- Letter of Support

Questions
1. Motivation
2. Preparation
3. Success
4. Support
5. Good/Bad
6. Recommend

Semi-structured Interview
Qualitative Content Analysis
(Mayring, 2010; Schreier, 2014)
Coding and clustering
2) Results: Q2-5

Q2: How did you prepare?
   Networking (39%), external help (26%), organisation (26%), ..., no preparation (17%)

Q3: How successful was your exchange?
   Training quality and sports (78%), academics (57%), ...

Q4: What kind of support did you receive?
   Financial (87%), organisational (61%), ..., lack of support (13%)

Q5: What was good, what was bad?
   Organisational challenges (57%), ..., academic challenges (35%), sports challenges (13%), ...
General findings and conclusions

High ratio of migrating student-athletes
Almost no effect of gender
Individual + Environmental: Deficits in financial support
Team + Non-environmental: Deficits in tutoring
All services helpful across sample characteristics

Attention:
Help from others during preparation
Organisation is a major challenge
Increased difficulties and reduced success in academics
Thank you for your attention!

Presenter: Philip X. Fuchs
Title: The AMiD Project (2018-2020): Overview and Findings
Institution: University of Salzburg
Contact details: philip.fuchs@sbg.ac.at; herbert.wagner@sbg.ac.at
Website: www.amid-project.eu
A.O.B.: Twitter: @amid_project